



## THE FT100 FUNCTIONAL TRAINER

"WHERE QUALITY MEETS VALUE"

Because we know how important it is for you to succeed in your fitness routine.

Everyday activities require the human body to move on multiple planes forcing muscle groups to work together. The FT100 was designed with this in mind. Our functional trainer allows you to work ALL muscle groups with just one machine. The FT100 will maximize your routine and help you achieve your fitness goals. All in a very compact space.

### Features:

- 1/4 to 11 Gauge Steel Frame, 2" x 4" Flat Oval Steel Tube (4x Stronger than competitors)
- Commercial Grade Polymer Pulleys And Smooth Industrial Bearings Throughout For A Lifetime Of Superior Smoothness
- **2 x 160 lbs Quiet Steel Weight Stacks** with 2:1 Ratio with a bumper between the plates to ensure quiet operation. (optional 200lb stack upgrade available)
- Multi-Position Pull-Up Handles
- 8ft Of Cable Travel
- U.S. Military Grade 3/16 Nylon Coated Cable
- Stainless Steel Bolts For Rust Resistance
- Solid Guide Rods
- 30 Adjustments With Easy To Read Laser Cut Numbers
- Premium Rubber Feet Prevent Slipping While Protecting Floors
- Magnetic Weight Pin With Tether (so you don't lose the weight pin)
- Back Acrylic Shields (optional inside shields available)

Dimensions: 43" L by 54" W by 83" H

Color Options : Starlight Black Powder Coating

**Full Commercial Warranty:** Limited Lifetime Frame, 10 year Cable and Pulleys

### Premium Accessories (included):

- 49" Straight Bar
- 24" Straight Bar
- Two D Handles
- Tricep Rope
- Ankle Strap